



STORMS

Finding God's Peace in the Difficulties of Life.

A dramatic painting depicting a ship's crew struggling in a stormy sea. The scene is filled with tension and action, with crew members in various poses, some reaching for ropes and others bracing against the waves. The lighting is dramatic, with strong highlights on the water and the crew's faces, contrasting with the dark, stormy background. The overall mood is one of intense struggle and perseverance.

Breaking the Chains of Addiction

Romans 5:18-6:23



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Breaking the Chains of Addiction

- Alcoholism
- Drug abuse
- Sexual addictions
- Gambling
- Compulsive lying
- Overeating
- Sleep
- Outbursts of anger
- Self-inflicted pain
- Sports
- Video games
- TV
- Smartphones
- and more.....



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**Breaking the Chains of
Addiction**

Are you forgiven?

Romans 5:18-21



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Hebrews 12:6-8

“The Lord disciplines the one he loves, and chastises every son whom he receives.... If you are left without discipline...then you are illegitimate children and not sons.”

1. **MIND: Remember the truth of your identity – you don't have to sin anymore! (Rom. 6:1-11)**



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Peace in the Difficulties of I

1. **MIND: Remember the truth of your identity – you don't have to sin anymore! (Rom. 6:1-11)**
2. **WILL: Act on the truth of your situation – you're in a war! (Rom. 6:12-14)**



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Peace in the Difficulties of I

A photograph of a dark, stormy sky with a bright lightning bolt striking down over a long, straight road that stretches into the distance. The road is flanked by fields. The word "STORMS" is overlaid in large, white, bold, sans-serif capital letters, centered over the road and sky.

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Develop a plan!

- Be intentional
- Discern triggers
- Be specific
- Play the long game
- Don't battle alone!

1. **MIND:** Remember the truth of your identity – you don't have to sin anymore! (Rom. 6:1-11)
2. **WILL:** Act on the truth of your situation – you're in a war! (Rom. 6:12-14)
3. **DESIRES:** Delight in the truth of eternity – sin cannot give you ultimate joy. (Rom. 6:20-23)



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Isaiah 55:1-3

“Come, everyone who thirsts, come to the waters; and he who has no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen diligently to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; hear, that your soul may live!”

1. **MIND:** Remember the truth of your identity – you don't have to sin anymore! (Rom. 6:1-11)
2. **WILL:** Act on the truth of your situation – you're in a war! (Rom. 6:12-14)
3. **DESIRES:** Delight in the truth of eternity – sin cannot give you ultimate joy. (Rom. 6:20-23)



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Peace in the Difficulties of J



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James 4:8-10

“Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. Humble yourselves before the Lord, and he will exalt you.”

A dramatic painting depicting a ship's crew struggling against a stormy sea. The scene is filled with tension and action, with crew members in various poses of exertion and fear. The sea is dark and turbulent, with white-capped waves crashing against the ship. The sky is dark and stormy, adding to the overall sense of peril. The lighting is dramatic, highlighting the figures and the churning water.

Breaking the Chains of Addiction

Romans 5:18-6:23